

Exercise 3a: Entrepreneurial skills you likely have

This is the time to think about all the excellent skills and abilities you have that will make you a success in whatever job you do or business you decide to start. And you have lots of skills and abilities, guaranteed!

Think about how you deal with the following situations. Write down the skills you've developed as a result.

1. Working with your healthcare team. (hint: these are your people management skills)
2. Managing your activities of daily living. (hint: these are your problem-solving skills)
3. Explaining your disability or health condition to others. (hint: these are your public relations skills)

